



British Gas ASANER BAGCAT Championships (25m)
3 – 4 December 2011
Sunderland Aquatics Centre
Entry Closing Date: 16 November 2011

Boys 25m Qualifying Times					Events	Girls 25m Qualifying Times			
10 years	11 years	12 years	13 years	14 years		10 years	11 years	12 years	13 years
1.19.00	1.11.00	1.05.00	1.02.00	1.00.00	100m Freestyle	1.15.00	1.10.00	1.07.00	1.04.00
2.48.00	2.34.00	2.20.00	2.15.00	2.08.00	200m Freestyle	2.45.00	2.33.00	2.25.00	2.19.00
5.55.00	5.20.00	5.00.00	4.40.00	4.33.00	400m Freestyle	5.54.00	5.23.00	5.05.00	4.51.00
					800m Freestyle		11.00.00	10.30.00	10.15.00
		20.10.00	19.16.00	18.15.00	1500m Freestyle				
1.29.00	1.22.00	1.16.00	1.11.00	1.08.00	100m Backstroke	1.26.00	1.21.00	1.16.00	1.13.00
3.06.00	2.50.00	2.40.00	2.32.00	2.26.00	200m Backstroke	3.00.00	2.51.00	2.43.00	2.37.00
1.45.00	1.35.00	1.27.00	1.22.00	1.20.00	100m Breaststroke	1.40.00	1.33.00	1.28.00	1.23.00
3.40.00	3.23.00	3.07.00	2.54.00	2.50.00	200m Breaststroke	3.26.00	3.16.00	3.09.00	3.02.00
1.40.00	1.23.00	1.16.00	1.11.00	1.09.00	100m Butterfly	1.34.00	1.22.00	1.17.00	1.13.00
3.38.00	3.20.00	2.50.00	2.38.00	2.34.00	200m Butterfly	3.30.00	3.10.00	2.52.00	2.46.00
3.10.00	2.54.00	2.40.00	2.32.00	2.27.00	200m Ind. Medley	3.05.00	2.51.00	2.41.00	2.35.00
6.40.00	6.15.00	5.40.00	5.28.00	5.22.00	400m Ind. Medley	6.45.10	6.10.00	5.48.00	5.36.00

Entry Times must be downloaded from the British Swimming Rankings

Schedule of Events					
Session 1			Session 3		
Saturday 3 December @ 09:00			Sunday 4 December @ 09:00		
Boys 12-14	1500m	Freestyle	Girls 11-13	800m	Freestyle
Girls	100m	Breaststroke	Boys	100m	Breaststroke
Boys	200m	Breaststroke	Girls	200m	Breaststroke
Girls	400m	Ind. Medley	Boys	400m	Ind. Medley
Boys	100m	Freestyle	Girls	100m	Freestyle
Girls	200m	Freestyle	Boys	200m	Freestyle
Session 2			Session 4		
Saturday 3 December @ TBC			Sunday 4 December @ TBC		
Boys	200m	Ind. Medley	Girls	200m	Ind. Medley
Girls	200m	Backstroke	Boys	200m	Backstroke
Boys	100m	Backstroke	Girls	100m	Backstroke
Girls	100m	Butterfly	Boys	100m	Butterfly
Boys	200m	Butterfly	Girls	200m	Butterfly
Girls	400m	Freestyle	Boys	400m	Freestyle

Age as on 4 December 2011

All events are HDW

Boys Age 10 –14 years excluding 1500m Freestyle

Girls Age 10 – 13 years excluding 800m Freestyle

Email: swimming@proudys.plus.com



British Gas ASANER Senior & Junior Championships (25m) 2010
Venue: Sunderland Aquatic Centre
3 - 4 December Entry closing date: 16 November 2011

Session 1		
Saturday 3 December @ 09:00		
Men	100m	Freestyle
Women	200m	Freestyle
Men	50m	Breaststroke
Women	100m	Breaststroke
Men	400m	Ind.Medley
Women	100m	Butterfly
Men	100m	Backstroke
Women	50m	Backstroke
Men	200m	Butterfly
Women	200m	Ind.Medley
Men	400m	Freestyle
Women	50m	Freestyle
Men	200m	Breaststroke
Women	800m	Freestyle HDW
Men	50m	Butterfly
Women	200m	Backstroke
Men	4x100m	Medley Team HDW
Women	4x100m	Freestyle Team HDW
Session 2 Finals @ TBC		
Men	4x200m	Freestyle Team HDW

Session 3		
Sunday 4 December @ 09:00		
Women	100m	Freestyle
Men	200m	Freestyle
Women	50m	Breaststroke
Men	100m	Breaststroke
Women	400m	Ind.Medley
Men	100m	Butterfly
Women	100m	Backstroke
Men	50m	Backstroke
Women	200m	Butterfly
Men	200m	Ind.Medley
Women	400m	Freestyle
Men	50m	Freestyle
Women	200m	Breaststroke
Men	1500m	Freestyle HDW
Women	50m	Butterfly
Men	200m	Backstroke
Women	4x100m	Medley Team HDW
Men	4x100m	Freestyle Team HDW
Session 4 Finals @ TBC		
Women	4x200m	Freestyle Team HDW

Qualifying Times (25m)				
Entry Times must be from the British Swimming Rankings				
Men			Women	
Senior	Junior		Senior	Junior
26.00	28.00	50m Freestyle	29.00	30.00
55.00	1.00.00	100m Freestyle	1.02.00	1.03.00
2.01.00	2.10.00	200m Freestyle	2.11.00	2.15.00
4.22.00	4.28.00	400m Freestyle	4.40.00	4.47.00
		800m Freestyle	9.40.00	10.03.00
17.35.00	18.05.00	1500m Freestyle		
29.00	33.00	50m Backstroke	32.00	34.00
1.02.00	1.07.00	100m Backstroke	1.10.00	1.11.00
2.15.00	2.25.00	200m Backstroke	2.29.00	2.32.00
34.00	37.00	50m Breaststroke	37.00	39.00
1.11.00	1.17.00	100m Breaststroke	1.19.00	1.22.00
2.35.00	2.46.00	200m Breaststroke	2.50.00	2.57.00
28.00	32.00	50m Butterfly	32.00	33.00
1.01.00	1.07.00	100m Butterfly	1.08.00	1.12.00
2.22.00	2.30.00	200m Butterfly	2.31.00	2.36.00
2.18.00	2.24.00	200m Ind.Medley	2.30.00	2.33.00
5.00.00	5.13.00	400m Ind.Medley	5.18.00	5.32.00

Junior: Age 15 years & under on 4 December 2011

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